



# Think Training & Development

*Drawing on over 40 years combined experience in health, human services, not for profit and community sectors, Think Human can offer a range of standalone or connected staff training and development options, suitable for away days and team-building experiences.*

## Behaviours and Habits for Effective Leadership

Getting the best out of teams is a key skill of leaders and understanding what motivates and drives individual team members is a key tool in your leadership kitbag. This session turns what you think you know about motivation on its head and opens up the world of habit and behaviour design. Based on the work of Dr BJ Fogg from Stanford University's Behavior Design Lab, our certified coaches will walk your leaders through some simple frameworks to help them understand and address performance with individual staff in non-confrontational ways and identify safe, easy and fun habits and behaviours for teams that reinforce your organisational values.

## Navigating change and transition in the workplace

Building on six years experience co-designing and delivering our award-winning transition program [Mindset for Life](#), this session focuses on the skills required to lead teams through change and transition. We unpack the impact of change and transition on individuals and teams, and share tools and resources to help you lead yourself and others in uncertainty.

“ I have already used the provided tools and incorporated these into our daily/weekly cadence to ensure those pesky tasks are completed on time!”

## Building a psychologically-safe workplace

An important enabler of positive interactions with customers is the creation of a culture where staff feel safe and supported to take initiative, speak up and be open about what works and what doesn't. Psychological safety is also a cornerstone of mentally healthy workplaces and critical for high-performing teams. This session, created in partnership with our social work partner, explores what it takes to create genuine psychological safety within and between teams at work.

## Leadership for Co-design

There is an increasing desire within the public sector and not-for-profit sectors in Australia to co-design systems, processes and services where possible with consumer and community input. Whilst co-design is a valuable and deeply worthwhile approach to service and system design, it is also resource and time-intensive and often misunderstood. This workshop draws on Think Human's extensive case studies to explore the principles of co-design and will enable leaders to assess readiness for co-design, understand key skills and resources required and identify alternatives and options that lead to outcomes.

“  
I really enjoyed  
the context,  
examples  
provided and  
interactive  
elements of Think  
Human's delivery”

## Storytelling for change

The human race has been telling stories to make meaning of experience since time began. Drawing on narrative storytelling techniques and our Director's experience hosting community storytelling events ([www.tenx9.com/adelaide](http://www.tenx9.com/adelaide)), this session will help you understand the basic principles of effective storytelling and will use aspects of your own story and experience to learn experientially the power of stories to create connection and positive change. This session can be run as a half day session or a 1-2 day team building experience.

## Coaching and mentoring

Think Human can offer tailored mentoring and coaching for staff in the health and human services sectors. Specialising in digital health leadership, leading change and transition and co-design and human-centred leadership, get in touch to explore if we can support you or your team.

To find out more...

To find out more about running these training sessions in your organisation, or to discuss a tailored program, please email [connect@thinkhuman.com.au](mailto:connect@thinkhuman.com.au) or give Mel a call on 0466 544098.